

CONTRA-TIEMPO
COMMUNITY LEADERSHIP WORKSHOP

Hosted by:

CARE, CT Mental Health Center Foundation, & City of New Haven

CONTRA-TIEMPO Community Leadership Workshop

Friday, January 17th, 2014

4:00-6:00

Arts Hall, Educational Center for the Arts, 55 Audubon Street, New Haven

PLEASE NOTE: Doors open at 3:30 PM; workshop followed by reception begins promptly at 4 PM.

ALL ARE WELCOME, NO DANCE EXPERIENCE NEEDED!

To reserve a space, please contact the Sharon DeGenaro at The CMHC Foundation, Sharon.degenaro@yale.edu, (203) 974-7082.

Summary

As part of their five-day residency in New Haven, CONTRA-TIEMPO “Urban Latin Dance Theater” from Los Angeles will offer a Community Leadership Workshop ***to build leadership and communication skills for people committed to positive social transformation in New Haven.***

CONTRA-TIEMPO’s workshop is designed to:

- Inspire participants to engage fully with one another;
- Break down barriers to create a more open organization/community;
- Align to a common goal, mission or vision;
- Improve communication through accurate feedback and the positive use of resistance;
- Accelerate productivity by motivating people and getting them to listen to each other physically.

Who Can Attend?

This workshop is open to anyone, age 14 and above, who:

- Lives and/or works in the New Haven community;
- Aspires to be a leader, at any level or in any context;
- Is committed to positive, healthful social change in our city.

More About CONTRA-TIEMPO

CONTRA-TIEMPO is dedicated to transforming the world through dance. Led by artistic director Ana Maria Alvarez, the company has taught classes all over the world. Teaching continues to be a way for them to share their work and creative process more intimately with students of all ages and levels. They cater their workshops to the needs and interests of each unique learning community. In all of their teaching work, they use Salsa, Afro-Cuban, Hip Hop technique and dance fundamentals, including the principles of leading and following, improvising in pairs, groups, and small learning communities. They pull from the Rueda (Cuban Salsa) and work with students around concepts of 'compassionate partnering' and movement metaphor. Their workshop will leave you inspired, productive, engaged, communicating better and with barriers broken down!

For more information, visit the company's website at:

www.contra-tiempo.org